

Exceptional Family Member Program

Resource Directory

**Army Community Service
Tobyhanna Army Depot,
Pennsylvania
FY 2002**

EXCEPTIONAL FAMILY MEMBER PROGRAM (EFMP) RESOURCE DIRECTORY

TOBYHANNA ARMY DEPOT, PENNSYLVANIA

The Tobyhanna Army Depot (TYAD) Army Community Service (ACS) publishes and updates a resource directory listing services available to exceptional family members while assigned, attached or residing at TYAD. The EFMP Resource Directory provides general information about the programs and services that may assist exceptional family members. ACS encourages you to use this directory in assisting family members seeking support and services when arriving at TYAD. For specific information on a service or program, please contact the ACS EFMP Manager or the agency directly.

**Heather L. Fiedler
EFMP Manager**

**Alecia Sebring
ACS Program Manager**

GENERAL INFORMATION

The Exceptional Family Member Program (EFMP) is a mandatory enrollment program that is based on public law and DoD mandates. The EFMP is a comprehensive and multidisciplinary program that interfaces with other military and civilian agencies to provide comprehensive and coordinated medical, educational, housing, community support and personnel services to military families with special needs.

DEFINITION OF AN EXCEPTIONAL FAMILY MEMBER

Any family member who is required to see a medical specialist more than twice a year, enrolled in a special education program at school, or may be receiving mental health services. Other special needs qualifications for enrollment is as follows:

- | | |
|---------------------------|---|
| * Physical disabilities | * Hearing impairment |
| * Visual impairments | * Mental health counseling or therapies |
| * Asthma and/or allergies | * Special education requirements |
| * Speech/language delays | * Developmental delays |
- Any family member who needs to see a medical specialist more than twice a year.
 - Many other special needs may qualify an individual for enrollment and/or services.

FEDERAL LAWS AFFECTING INDIVIDUALS WITH DISABILITIES

As exceptional families, you need to be aware of key legislation that has had an impact on the education and opportunities of individuals with disabilities and how all education institutions, including those operated by the military, have been affected.

The rights of individuals with disabilities were significantly strengthened with the passage of the following Federal laws and their periodic amendments:

- Public Law 93-112, The Rehabilitation Act of 1973
- Public Law 94-142, The Educational of All Handicapped Children Act of 1975
- Public Law 98-524, the Vocational Educational Act of 1984

Additional laws providing civil rights and service programs:

Public Law 90-480, Architectural Barriers Act of 1968. This legislation requires that certain Federally owned, leased or funded buildings and facilities are accessible to individuals with physical disabilities.

Public Law 93-380, The Family Education Rights and Privacy Act of 1974. This law gives parents of students under the age of 18, and students age 18 and over, the right to examine records kept in the student's personal file.

Public Law 99-401, Temporary Child Care for Handicapped Children and Crisis Nurseries Act of 1986. This law is actually a part of a larger Federal law, the Children's Justice Act.

Public Law 101-336, The Americans with Disabilities Act (ADA) of 1990. The ADA, based on the concepts of the Rehabilitation Act of 1973, guarantees equal opportunity for individuals with disabilities in employment, public accommodation, transportation, state and local government services, and telecommunications. It is the most significant Federal law assuring the full civil rights of all individuals with disabilities.

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PARENTS' RIGHTS AND RESPONSIBILITIES IN THE SPECIAL EDUCATION PROCESS

- The right to initiate evaluation if you think your child is in need of special education of related services (See Appendix A).
- The right to a free, appropriate, public education for your child. “Free” means at no cost to you, as parents. “Appropriate” means meeting the unique educational needs of your child.
- The right to have your child tested in the language s/he knows best. For example, if your child’s primary language is Spanish, this is the language in which s/he must be tested. Also, students who are deaf, have the right to an interpreter.
- The right to informed consent. “Informed consent” means you understand and agree in writing to the evaluation and educational program decisions for your child. Your consent is voluntary and may be withdrawn at any time.
- The right to review all of your child’s records. You may obtain copies of these records, but the school may charge you a reasonable fee for the copies. Only parents and those persons directly involved in the education of your child will be permitted access to personal records. If you feel that any of the information contained in your child’s records is inaccurate, misleading, or violates the privacy of your child, you may request that the information be changed. If the school refuses your request, you then have the right to request a hearing in order to challenge the questionable information in your child’s records.
- The right to participate in the development of your child’s individualized educational program (IEP). The school must make every possible effort to notify you of the IEP meeting and arrange it at a time and place that is convenient for you. Remember, your child’s IEP cannot be implemented without your written consent.
- The right to have your child educated in the most normal school setting possible. Every effort should be made to develop an educational program, which will provide the greatest amount of contact with the non-handicapped children.

WHAT ARE PARENT RESPONSIBILITIES IN THE SPECIAL EDUCATION PROCESS?

- Develop a partnership with the school. Share with the school relevant information about your child's abilities and behaviors, as well as any concerns you may have about your child's education.
- Understand the program specified on the IEP before agreeing to it. Ask yourself if what is planned corresponds with your knowledge of your child's needs.
- Check your child's progress. If your child is not progressing, discuss it with the teacher and determine if the IEP should be modified.
- Discuss any problems that may occur with your child's assessment, placement, or educational program with the school. It is best to try to resolve these problems directly with the school or district.
- Keep records. It is easy to forget information about your child's education if it is not written down.
- Join a parent organization, in addition to offering the opportunity to share knowledge, experiences and support, a parent group can be an effective tool.

WHAT IS THE IEP PROCESS AND WHAT CAN I OFFER TO THE IEP PROCESS?

- Before attending the IEP meeting, make a list of things that your child can do and a list of things that you think your child should learn during the school year. Check your list with the school's list of skills to be included in the IEP. Discuss any differences between the lists. Take notes about your child's behavior, which could interfere with the teaching process. Discuss the methods that you have found successful in dealing with these behaviors.
- Bring any information that the school may not already have. Examples include copies of medical records, past school records, and past evaluation results. You can also add real life examples of your child's abilities.
- If other professionals will be working with your child, be sure to ask about what kind of services they will be providing and how this will affect your child's growth.

- Ask what you can do at home to support school programs. Many skills that your child learns at school can be used at home. Ask to meet with the teacher when your child is learning a new skill that could be practiced at home.
- Make sure the goals and objectives on the IEP are specific. This will ensure that everyone teaching your child is working toward the same goals. Be sure that you understand and agree with each of the goals and objectives on the IEP before signing it.
- After the IEP meeting is over, your job as a parent is not finished. You should follow your child's progress throughout the year. Ask for reports on your child's progress to be sure that you know what kind of progress is being made.
- Education should be a cooperative effort. If, at any time, you and the school cannot reach an agreement over your child's educational needs, ask to have another meeting. This would allow time for you and the school to gather more information and data. If, after a second meeting there is still a conflict over your child's program, you can ask for a due process hearing (See Appendix B).

TOBYHANNA ARMY DEPOT AGENCIES

EFMP PROGRAM MANAGER, ARMY COMMUNITY SERVICES

Bldg. 1009, 11 Hap Arnold Blvd.

Tobyhanna, PA 18466-5044

Telephone: (570) 895-7509

POC: Heather Fiedler

Serves as the point of contact for all military families seeking information in reference to the care, treatment, and education of exceptional family members. Maintains a listing of military and civilian education and health-related services for Tobyhanna Army Depot and the local area.

HOUSING OFFICE

Bldg. 1001, 11 Hap Arnold Blvd.

Tobyhanna, PA 18466-5090

Telephone: (570) 895-7970

POC: Frank Simko

There are 42 family housing units, 2 of which are handicap accessible. Soldiers assigned to Tobyhanna Army Depot who have Exceptional Family Members should contact the EFMP Manager and Mr. Simko for housing assistance.

CHILD AND YOUTH SERVICES

Bldg. 221, 11 Hap Arnold Blvd.

Tobyhanna, PA 18466-5044

Telephone: (570) 895-6148

POC: Anne Wombacker

Before a child is enrolled, parents will meet with the Chairperson of the Special Needs Resource Team. The child's developmental level is discussed to assist with proper placement within the program. Parents will be given all assistance necessary to help them fully understand the program and services available, to make their child's time at the center a positive, developmentally appropriate experience. A review of the child's medical records for supporting documentation will take place.

The Special Needs Resource Team is responsible for:

- Establishing criteria for screening children prior to and after registration.
- Establishing and maintaining individual records on children.
- Recommending modifications to the physical environment.
- Adapting lesson plans to suit the child's needs.
- Meeting with parents concerning problems noted during child's enrollment in the system.
- Serve as resource and referral source for all child development programs.

- Coordinating with outside agencies for services.
- Ordering special adaptive toys and equipment for use.
- Providing educational materials/resources to parents upon request.

YOUTH AND SCHOOL AGE SERVICES

Bldg. 1006, 11 Hap Arnold Blvd.

Tobyhanna, PA 18466-5044

Telephone: (570) 895-6156

POC: Linda Kerr

Youth and School Age Services is designed to offer school aged-youth a wide range of recreational and leisure opportunities ranging from instructional to sports programs.

The program also offers a Computer Lab and Homework Center, both with instructors.

All children must be enrolled in Child and Youth Services.

RELOCATION SERVICES

Bldg. 1009, 11 Hap Arnold Blvd.

Tobyhanna, PA 18466-5044

Telephone: (570) 895-6682

POC: Jamie Lynn Swanson

All arriving military who in-process through Army Community Services are provided with a Welcome Packet. The packet contains valuable information about the general area, schools, housing, medical facilities, and local area maps. Newcomer Orientations provide one-to-one depot tours and overviews to familiarize new military members and families with installation services and activities. Pre-departure services are available to prepare soldiers and family members for their Permanent Change of Station (PCS) move.

A pre-departure package includes a guide to military moving, PCS tips, cost of living comparison, a needs assessment and more.

OFF POST AGENCIES

A BETTER TODAY, INC.

940 Ann Street

Stroudsburg, PA 18360

Telephone: (570) 424-8280

Hours of Operation: M-F, 8:00AM-8:00PM

Service Area: Monroe County

Services Provided: Outpatient counseling services for individuals with substance abuse problems. Specializes in Intensive Outpatient Treatment Programs.

Eligibility Requirements: Provides services to all ages.

Cost of Services: Accepts most insurance coverage.

ALCOHOLICS ANONYMOUS

Various locations

Telephone: (570) 424-8532

Service Area: Monroe County and portions of adjacent counties

Services Provided: Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others recover from alcohol addiction.

Eligibility Requirements: A desire to stop drinking.

Cost of Services: None.

ALLIED SERVICES, INC.

475 Morgan Highway

PO Box 1103

Scranton, PA 18501-1103

Telephone: (570) 348-1300 / (570) 348-1405

Hours of Operation: M-F, 8:00AM-4:30PM; Hours vary, depending on the program.

Service Area: Northeastern PA, including Monroe County.

Services Provided: The Allied system includes two rehabilitation hospitals and numerous outpatient rehabilitation centers; a skilled nursing facility; an assisted living facility; vocational, mental health, mental retardation and home care programs; nine apartment complexes for people with disabilities or those who are elderly; a durable medical equipment store; occupational health clinics; a grade school for children with dyslexia and medical office buildings.

Eligibility Requirements: Those in need of the services provided.

Cost of Services: Dependent on the type of service.

ALZHEIMER'S ASSOCIATION, NE PA CHAPTER

71 North Franklin Street

Wilkes-Barre, PA 18701

Telephone: 800-773-6677

Hours of Operation: Provides a toll free telephone number that is available 24 hours a day to receive requests for information.

Service Area: Northeastern PA, including Monroe County.

Services Provided: This is the only national voluntary health organization fighting Alzheimer's Disease on all fronts. This chapter provides an information resource center, referrals, advocacy, community forums, support groups, speakers bureau, and a telephone help line. The Family Caregivers Training program is offered to family members who care for Alzheimer's patients. This program focuses on safety, communicating, managing difficult behavior, caring for the caregiver and meeting daily challenges.

Eligibility Requirements: All welcome.

Cost of Services: None.

AMERICAN CANCER SOCIETY, MONROE UNIT

RR #2, Box 2138

Stroudsburg, PA 18360

Telephone: (570) 421-7010

Hours of Operation: M-F, 9:00AM-4:00PM

Service Area: Monroe County

Services Provided: Educational Programs: Videos, posters and literature; Information and Referral; wig bank; counseling; transportation for radiation and chemotherapy; financial assistance with medication (must qualify); **Patient Support Group**, first and third Wednesday of the month at 7:00PM at Monroe Office; **Breast Cancer Support Group**, first Thursday of the month at 7:00PM in the Conference Room (1st Floor) at the Pocono Medical Center; **Support Group for Parents of Children with Cancer; I Can Cope**, 8 week program offered twice yearly for patients and family at Pocono Medical Center; **Ostomy Support Group**, call (570) 992-0865 for information.

Eligibility Requirements: Cancer patient or family member.

Cost of Services: None.

AMERICAN DIABETES ASSOCIATION

63 N. Franklin Street, 2nd Floor

Wilkes-Barre, PA 18701

Telephone: (570) 823-3355 / Information and Action Line: 800-DIABETES

Hours of Operation: M-F, 8:30AM-4:30PM

Service Area: Northeastern PA, including Monroe County.

Services Provided: Education programs for those with diabetes; free information to general public; medical resources and referral service to those with diabetes; youth services support groups for children and adolescents with diabetes and their siblings and parents support services for parents of children with diabetes.

Eligibility Requirements: All welcome.

Cost of Services: None.

AMERICAN HEART ASSOCIATION

212 East Broad Street

Bethlehem, PA 18018

Telephone: (570) 421-5217

Hours of Operation: M-F, 9:00AM-5:00PM

Service Area: Monroe and Pike Counties

Services Provided: Blood Pressure Screening; CPR Courses; School materials; programs and information on heart diseases, stroke, diet, and exercise.

Eligibility Requirements: All.

Cost of Services: None.

AMERICAN RED CROSS

322 Park Avenue

Stroudsburg, PA 18360

Telephone: (570) 476-3800

Hours of Operation: M-F, 8:00AM-4:00PM

Service Area: Monroe and Pike Counties

Services Provided: Blood collection; Disaster-shelter; Clothing and food; CPR, First Aid, and Water Safety; Emergency communication; and service to military families and veterans.

Eligibility Requirements: Age restrictions on some health courses and must be 17 years old and 105 pounds to donate blood.

Cost of Services: Fee for health courses

ARTHRITIS FOUNDATION

1227 Liberty Plaza, Suite 206

Allentown, PA 18102

Telephone: (610) 776-6632 / 800-355-9040

Hours of Operation: M-F, 8:30AM-4:30PM

Service Area: 20 counties in Eastern Pennsylvania, including Monroe County

Services Provided: Referral and information services; self-help courses; aquatic and land exercise programs; financial aid for purchase of assistive devices; free literature distribution; support groups; and updates in research.

Eligibility Requirements: All ages, both male and female.

Cost of Services: Most courses free or minimal fee; literature free; \$20.00 annual membership.

BECK 'N CALL

748 A Milford Road

East Stroudsburg, PA 18301

Telephone: (570) 426-7507

Hours of Operation: M-F, 9:00AM-4:00PM; hotline 24 hours a day

Service Area: Monroe County and portions of Pike County

Services Provided: In-home services including: Around-the-clock nursing care (including respite) by qualified caregivers, long or short-term care for accident victims, assistance with daily living activities like meal preparation, home management, and personal care services, food shopping and errand services.

Eligibility Requirements: Accident victims, elderly and/or disabled persons, people with special needs.

Cost of Services: Free in-home 1 hour consultation. Hourly charges for services vary.

BETHESDA DAY TREATMENT CENTER

PO Box 618

Sciota, PA 18354

Telephone: (570) 992-7153

Hours of Operation: 24 Hour Crisis Hotline

Service Area: Monroe County

Services Provided: Youth services include: after school day treatment center, drug and alcohol counseling, foster care, alternative education program, and family counseling. Parental services include: Training, counseling, financial compensation, support staff and crisis hotline.

Eligibility Requirements: At-risk adolescents, court-referred adolescents, school district referred students for alternate education plan.

Cost of Services: Must contact Program Manager for Per Diem rates.

BLINDNESS AND VISUAL SERVICES

111 North Pennsylvania Avenue

Wilkes-Barre, PA 18701-3602

Telephone: (717) 826-2361 / TTY: (717) 826-2361

Hours of Operation: M-F, 8:00AM-5:00PM

Service Area: 15 Counties in Northeastern Pennsylvania, including Monroe County.

Services Provided: For blind and visually impaired: Installation and supervision of business enterprises (i.e., snack bars), Rehabilitation teaching (i.e., instruction on blindness skills and independent living), Orientation and mobility instruction (i.e., white cane travel), counseling and casework service for children, their families and for older persons, vocational rehabilitation services, and job placement.

Eligibility Requirements: Visually impairment 20/70 better.

Cost of Services: Some services based on eligibility under financial needs test.

BURNLEY EMPLOYMENT AND REHABILITATION SERVICES

4219 Manor Drive

Stroudsburg, PA 18360

Telephone: (570) 992-6616

Hours of Operation: M-F, 8:00AM-4:30PM

Service Area: Carbon, Monroe, Northampton and Pike Counties.

Services Provided: Food service training, job placement, job coaching and sheltered workshop services.

Eligibility Requirements: Over age 18, disabled, with the ability to benefit from vocational training.

Cost of Services: None.

CARBON-MONROE-PIKE DRUG AND ALCOHOL COMMISSION

724 Phillips Street, Suite A

Stroudsburg, PA 18360

Telephone: (570) 421-1960

Hours of Operation: M-Th, 8:30AM-9:00PM; Outpatient Friday: 8:30AM-5:00PM

Service Area: Carbon, Monroe and Pike Counties.

Services Provided: Prevention/intervention programs for school and communities; central intake; outpatient treatment; case management; Alcohol Highway Safety Program; adolescent drug and alcohol education program; treatment alternatives to street crime (TASC); and urine drug screening.

Eligibility Requirements: Alcohol and/or other drug involvement. **Referral Center:** 866-824-3578, for anyone living in the three county area who needs a referral to substance abuse treatment (M-F, 8:30AM-5:00PM).

Cost of Services: Sliding scale according to income. Accepts Blue Cross NEPA, HMO NEPA, and Geisinger Health Plan.

CARBON-MONROE-PIKE MH/MR PROGRAM

730 A Phillips Street

Stroudsburg, PA 18360

Telephone: (570) 421-2901

Hours of Operation: M-F, 8:30AM-4:30PM; 24 hour crisis intervention.

Service Area: Carbon, Monroe and Pike Counties.

Services Provided: Provides comprehensive services for people in the three county area who are disabled due to mental illness or retardation directly, or through contractual agreements with other providers. Provides Adult Day Treatment and Development, Case Management, Children and Adolescent Services, Community Integrated Employment, Consultation and Education, Early Intervention, Family-Based Mental Health, Family Driven Support, Information and Referral, Outpatient, Residential Services, Resource Coordination, Short-term Inpatient services, Student Assistance Program, System Project (CASSP), Vocational, 24 hour Crisis Intervention, and 24 hour Emergency Services.

Eligibility Requirements: Persons with psychiatric illness, or developmentally delayed, or at-risk.

Cost of Services: Determined by established State criteria on sliding scale. Many services are Medicaid subsidized, or at no cost to the consumer.

CATHOLIC SOCIAL SERVICES

411 Main Street

Stroudsburg, PA 18360

Telephone: (570) 476-6460

Hours of Operation: M-W-F: 9:00AM-8:30PM; TUE: 12:00PM-9:00PM;
THU: 9:00AM-9:00PM.

Service Area: Monroe and Pike Counties.

Services Provided: Marital counseling, Parent-Child problems, Problem pregnancies, Adoption including Statewide Adoption Network (SWAN), Post-abortion counseling, Retail Theft Diversion, Batterer Intervention Program, and Anger Management classes.

Eligibility Requirements: None.

Cost of Services: Sliding scale fee, as determined by income or private insurance.

DEVELOPMENTAL EDUCATION SERVICES FOR CHILDREN

358 Ridgeview Drive

Bartonsville, PA 18321

Telephone: (570) 629-5750

Hours of Operation: M-F, 7:00AM-5:30PM

POC: Gwen Calcetas

Service Area: Monroe County.

Services Provided: Daycare Center for children ages 3 months-5 years old, with developmental delays and physical handicaps; Physical Therapy services; Early Intervention Services.

Eligibility Requirements: Referral from Carbon-Monroe-Pike MH/MR Program (see above), or children ages 3-5 can be referred from Colonial Intermediate Unit.

Cost of Services: Infant: \$115.00/week

Toddler: \$110.00/week

Preschool: \$105.00/week

DEVELOPMENTAL EDUCATION SERVICES FOR ADULTS

350 Lower Main Street

Stroudsburg, PA 18360

Telephone: (570) 421-8893

Hours of Operation: M-F, 8:30AM-3:30PM

POC: Carol Miller

Service Area: Monroe County.

Services Provided: Licensed as a Training Center for adults with disabilities; Day Program Center for adults with developmental delays; services to work on socialization, communication, and vocational skills.

Eligibility Requirements: Person must a primary diagnosis of MR and be over the age of 21. Referrals for placement through Carbon-Monroe-Pike MH/MR Program (see above).

Cost of Services: Fee for service, per diem rate.

EASTER SEALS OF EASTERN PA

109 Seven Bridge Road

East Stroudsburg, PA 18301-9100

Telephone: (570) 421-1254

Hours of Operation: M-F, 8:30AM-4:30PM

Service Area: Lehigh, Monroe, Northampton and Pike Counties.

Services Provided: Home and community based Early Intervention services; Pocono RISE; therapeutic horseback riding and hippotherapy; equipment loan for wheelchairs; two support groups: Pocono Parents of Down Syndrome, and Deaf and Hard of Hearing.

Eligibility Requirements: Monroe, Northampton, and Pike County residents.

Cost of Services: None.

FITZMAURICE COMMUNITY SERVICES, INC.

480 Clearview Lane

Stroudsburg, PA 18360

Telephone: (570) 424-6223

Hours of Operation: M-F, 8:00AM-4:00PM

Service Area: Carbon, Monroe, and Pike Counties.

Services Provided: Community services for individuals with mental retardation and mental health issues. A continuum of services for the severely disabled to the more mildly disabled including: residential, social, medical and psychiatric services.

Eligibility Requirements: A primary diagnosis of either mental retardation or mental illness. A referral from Carbon-Monroe-Pike MH/MR Program (see above).

Cost of Services: None.

HUMAN RESOURCES CENTER, INC.

PO Box 780

Marshalls Creek, PA 18335

Telephone: (570) 223-9375

Hours of Operation: M-F, 8:30AM-4:30PM

Service Area: Carbon, Monroe, and Pike Counties.

Services Provided: Supportive employment, career counseling and residential services.

Eligibility Requirements: Mental, emotional, or physical disability. Referrals accepted through Carbon-Monroe-Pike MH/MR Program, the Office of Vocational Rehabilitation, Social Security Office, or self.

Cost of Services: None.

KIDS PEACE-THE NATIONAL CENTER FOR KIDS IN CRISIS

8300 Kidspeace Drive

Orefield, PA 18069

Telephone: 800-835-5951

Hours of Operation: 24 hours a day, 7 days a week

Service Area: United States

Services Provided: Full continuum of psychiatric treatment for children and adolescents. Campus, community, and family-based residential programs; intensive residential program; diagnostic/acute care program; treatment foster care program; partial hospitalization program; community programs; educational services; acute in-patient psychiatric hospitalization; and dual diagnosis program.

Eligibility Requirements: Children and adolescents (up to age 18) with emotional and behavioral problems; must have DSM-IV-R diagnosis.

Cost of Services: Varies according to program service.

LEHIGH VALLEY HOSPICE

1273 North Ninth Street

Stroudsburg, PA 18360

Telephone: (610) 402-7330

Hours of Operation: M-F, 8:00AM-5:00PM; 24 hour on-call services

Service Area: Carbon, Lehigh Valley, Monroe, Northampton, and Pike Counties.

Services Provided: Complete hospice services including: Professional nursing care; medical social work services; home health aides; Chaplain; Volunteers; and other services, as needed (physical therapy, speech therapy, occupational therapy, and nutritional therapy). Also assists with procuring necessary medical equipment and medications. Support groups available: Cancer Support Group, Bereavement Support Group, Caregivers Support Group.

Eligibility Requirements: Residents of the areas served.

Cost of Services: Accepts most insurances; will provide free care if necessary.

LUPUS FOUNDATION OF AMERICA, NORTHEAST PA CHAPTER

One College Green

La Plume, PA 18440

Telephone: (570) 945-5118

Hours of Operation: M-F, 9:00AM-5:00PM

Service Area: Northeast/Pocono Mountain Area, including Monroe County

Services Provided: Support groups, teleconferencing support group, literature, tapes, "Ask the Doctor" programs, educational symposiums, resource referrals, doctor referrals, lupus patient advocacy, and newsletter.

Eligibility Requirements: Lupus patients, friends and family; anyone interested in lupus.

Cost of Services: None.

MAKE-A-WISH FOUNDATION OF NORTHEASTERN PA

216 North River Street, Courthouse Towers #450

Wilkes-Barre, PA 18702

Telephone: 800-480-9474

Hours of Operation: M-F, 9:00AM-5:00PM

Service Area: Bradford, Lackawanna, Luzerne, Lycoming, Monroe, Pike, Sullivan, Susquehanna, Tioga, Wayne, and Wyoming Counties.

Services Provided: Grant wishes to children suffering from life-threatening medical conditions.

Eligibility Requirements: Child's doctor must certify the illness and qualify the child.

Cost of Services: None.

MARCH OF DIMES BIRTH DEFECTS FOUNDATION

1031 West Linden Street, Suite 104

Allentown, PA 18102

Telephone: (610) 439-7420

Hours of Operation: M-F, 9:00AM-5:00PM

Service Area: Carbon, Lehigh, Monroe and Northampton Counties.

Services Provided: Informational brochures and videos on issues relating to pregnancy, childbirth and birth defects, as well as other information pertaining to maternal health and well-being. Provides educational programs to community organizations, businesses, and schools.

Eligibility Requirements: Residents of the areas served.

Cost of Services: None.

MONROE COUNTY CHILDREN AND YOUTH SERVICES

730 Phillips Street

Stroudsburg, PA 18360

Telephone: (570) 420-3590

Hours of Operation: M-F, 8:30AM-5:00PM; 24 hour hotline (420-3590)

POC: Stacie Gill, Program Manager

Service Area: Monroe County

Services Provided: Advocacy and protection of children and youth, while stabilizing the family unit. Foster care; day care; crisis counseling; information and referral; child abuse investigations; individual, group and family counseling; and emergency shelter care.

Eligibility Requirements: Must be a Monroe County resident.

Cost of Services: Dependent upon service.

MONROE COUNTY DIABETES SOCIETY

PO Box 144

Stroudsburg, PA 18360

Telephone: (570) 476-6237

Hours of Operation: 24 hours a day, 7 days a week

Service Area: Monroe County

Services Provided: Help for diabetics in need of syringes, insulin, diabetic medicines, and support system offered.

Eligibility Requirements: Individuals with diabetes.

Cost of Services: None.

MONROE COUNTY MEALS-ON-WHEELS

North 9th Street

Stroudsburg, PA 18360

Telephone: (570) 424-8794

Hours of Operation: M-F, 9:00AM-1:00PM; 24 hour answering service

Service Area: Monroe County.

Services Provided: Home delivered meals.

Eligibility Requirements: Homebound individuals who are unable to prepare their own meals.

Cost of Services: \$36.20 per week.

NARCOTICS ANONYMOUS

PO Box 1053

Stroudsburg, PA 18360

Telephone: (570) 421-6618

Hours of Operation: 24 hours a day, 7 days a week

Service Area: Monroe County.

Services Provided: A fellowship of men and women for whom drugs have become a major problem. Meetings are regularly scheduled. Call for a list of dates, times, and locations of meetings.

Eligibility Requirements: Desire to stop using drugs.

Cost of Services: None.

NEIGHBORS OF MONROE COUNTY

502 Independence Road

East Stroudsburg, PA 18301

Telephone: (570) 421-1927

Hours of Operation: M-F, 9:00AM-4:00PM

Service Area: Monroe, Carbon, and Pike Counties.

Services Provided: Case management and care coordination program providing direct services; support groups; rental and energy assistance; and nutritional supplements for persons living with HIV/AIDS.

Eligibility Requirements: People living with HIV or AIDS.

Cost of Services: None.

NORTHEAST PA CENTER FOR INDEPENDENT LIVING

431 Wyoming Avenue

Scranton, PA 18503

Telephone: 800-344-7211 / TTY: 800-344-7298

Hours of Operation: M-F, 8:30AM-4:00PM

Service Area: Bradford, Columbia, Lackawanna, Luzerne, Monroe, Pike, Sullivan, Susquehanna, Wayne, and Wyoming Counties.

Services Provided: Advocacy; Independent living skills; training; information and referral; peer counseling; service coordination; and Interpreter Referral Program.

Eligibility Requirements: Individuals with disabilities.

Cost of Services: None, except Interpreter Referral Service.

NORTHEASTERN PA TRANSPLANT SUPPORT GROUP (NEPATSG)

RR 8, Box 8585M

East Stroudsburg, PA 18301

Telephone: (570) 223-2833

Hours of Operation: 24 hours a day, 7 days a week

Service Area: Carbon, Monroe, and Pike Counties.

Services Provided: Support, education and awareness to help alleviate the psychosocial and other stresses incumbent with the transplant process and Hepatitis Virus (HCV).

Eligibility Requirements: Transplant candidates, recipients and their families, and donor families.

Cost of Services: Annual \$15.00 membership, if possible; if not possible, membership is free.

OFFICE OF VOCATIONAL REHABILITATION

160 Hamilton Street, Suite 100

Allentown, PA 18101

Telephone: (610) 821-6441 / 800-922-9536

Hours of Operation: M-F, 8:00AM-5:00PM

Service Area: Carbon, Lehigh, Monroe, and Northampton Counties.

Services Provided: Diagnostic evaluation, vocational rehabilitation, physical restoration, counseling and guidance, job training (if appropriate).

Eligibility Requirements: The presence of a physical/mental impairment which constitutes a substantial impediment to employment.

Cost of Services: Sliding scale fee for physical restoration training; financial needs test required. No fee for diagnostic evaluation, counseling, or job placement.

PARENTS ANONYMOUS

1550 Hanover Avenue

Allentown, PA 18109

Telephone: (570) 839-5365

Hours of Operation: M-F, 8:30AM-4:30PM; 24 hour voice mail

Service Area: Monroe County

Services Provided: Parent Support Group based on the Parents Anonymous model.

Eligibility Requirements: Parents seeking a better relationship with their children.

Cost of Services: None; free child care provided during the group.

PENNSYLVANIA PROTECTION AND ADVOCACY

116 Pine Street

Harrisburg, PA 17101

Telephone: 800-692-7443

Hours of Operation: M-F, 8:30AM-5:00PM

Service Area: Pennsylvania.

Services Provided: This federally funded, nonprofit agency is responsible for providing protection and advocacy services to residents of Pennsylvania with disabilities.

Information and referral, technical assistance, case advocacy, systemic advocacy, issue resolution, training and legal referral services are offered.

Eligibility Requirements: Must be a resident of Pennsylvania.

Cost of Services: None.

PERFORMANCE STRATEGIES, INC.

Rt. 390, Box 539

Moutnainhome, PA 18342-0539

Telephone: (570) 595-6260

Hours of Operation: M-F, 9:00AM-5:00PM

POC: Jean Falzon

Service Area: Monroe County.

Services Provided: Individual and group counseling; hypnotherapy; drug and alcohol services; Employee Assistance Crisis Services; Psychological Testing; and Forensic Services.

Eligibility Requirements: All.

Cost of Services: Sliding scale fee, insurance; accepts TRICARE.

POCONO MEDICAL CENTER***206 East Brown Street******East Stroudsburg, PA 18301*****Telephone:** (570) 421-4000**Hours of Operation:** 24 hours a day, 7 days a week**Service Area:** Monroe County.**Services Provided:** A comprehensive array of inpatient, outpatient, education and support services and programs. Some of the major areas include: Same day surgery; Behavioral Health Unit; Physical Therapy; Emergency Medicine; Cancer Center; Radiology; Pediatrics and Prenatal Clinic; Cardiac Rehabilitation; Diabetes Education; Freedom from smoking; Health and fitness; Industrial/Corporate Wellness; Older Adult Exercise; Pulmonary Rehabilitation and Diagnostic Stress Testing.**Eligibility Requirements:** Anyone requiring medical attention.**Cost of Services:** Per current rate schedule.**POCONO MEDICAL HOME CARE, INC.*****145 Ridgeway Street******East Stroudsburg, PA 18301*****Telephone:** (570) 476-3134**Hours of Operation:** Daily, 8:00AM-5:00PM**Service Area:** Monroe County.**Services Provided:** Skilled nursing; home health aide; physical therapy; occupational therapy; speech therapy; medical social worker services; dietitian.**Eligibility Requirements:** Patient must be homebound, requiring considerable effort and assistance to leave their home. The care must be medically reasonable, necessary and ordered by their physician and must be skilled, part-time and intermittent in nature.**Cost of Services:** Billed directly to Medicare, Medicaid and private commercial insurances. Patients may pay for services not covered.**POCONO PARKINSON SUPPORT GROUP*****584 Akiba Road******Stroudsburg, PA 18360*****Telephone:** (570) 629-2029**Hours of Operation:** M-F, 9:00AM-5:00PM**Service Area:** Monroe County.**Services Provided:** Supports Parkinsonians and caregivers. Meetings are held the 3rd Wednesday of each month at the Loder Building, 62 Analomink Street, East Stroudsburg, PA at 2:00PM. Speakers are at every meeting.**Eligibility Requirements:** Everyone welcome.**Cost of Services:** None.

POCONO SERVICES FOR FAMILIES AND CHILDREN

East Stroudsburg Center

212 West 4th Street

East Stroudsburg, PA 18301

Telephone: (570) 421-2676

Hours of Operation: M-F, 8:00AM-5:00PM

Service Area: Monroe County.

Services Provided: Comprehensive, developmentally appropriate early childhood education that is community based and family focused. Key elements are delivered through classroom and home visit experiences; parent involvement/education; health; nutrition; social services; transportation; early childhood education; career development and services for differently-abled children. Full day/full year services; family literacy program.

Eligibility Requirements: Families with children 3-5 years old that meet Federal low-income guidelines.

Cost of Services: None; except full day/full year (families may be eligible for subsidies).

Pocono Mountain Plaza Suites 6

1200 Route 940

Mt. Pocono, PA 18344

(570) 839-4104

RIVERSIDE REHABILITATION CENTER II

Mt. Pocono Center

4 Fork Street, Suite 3090

Mt. Pocono, PA 18344

Telephone: (570) 839-9975

Brodheadsville Center

PO Box 249

Brodheadsville, PA 18322

(570) 992-4400

East Stroudsburg Center

600 Plaza Court, Suite B

East Stroudsburg, PA 18301

Telephone: (570) 424-1706

Hours of Operation (all): M-F, 8:00AM-4:30PM

Service Area: Monroe County

Services Provided: Physical, occupational, and speech therapies.

Eligibility Requirements: Those in need of the service provided; physician referral only.

Cost of Services: Accepts most major insurance coverage.

SPECIAL KIDS NETWORK

Harrisburg, PA

Telephone: 800-986-4550

Hours of Operation: M-F, 8:00AM-6:00PM

Service Area: Carbon, Lackawanna, Lehigh, Luzerne, Monroe, Northampton, Pike, Susquehanna, Wayne and Wyoming Counties.

Service Provided: Statewide system of services to assist families of children with special needs. Information and referral services, and identifies and assists in filling in gaps in services for children with special needs.

Eligibility Requirements: Parent or caregiver of a child or professional working with a child with special needs.

Cost of Services: None.

SPECTRUM COMMUNITY SERVICES, INC.

Liberty Plaza Annex

PO Box 449, Route 940

Pocono Lake, PA 18347-0449

Telephone: (570) 646-8900

Hours of Operation: Offices: M-F, 8:30AM-4:30PM, **Programs:** 24hours/7 days

Service Area: Monroe, Carbon, Wayne, Berks, York and Lebanon Counties.

Services Provided: Group homes for adults with disabilities and adjudicated youth; foster care provider; family living provider; independent living programs; and supported living programs.

Eligibility Requirements: Referral through Carbon-Monroe-Pike MH/MR Program, or Children and Youth Services.

Cost of Services: Per diem rates vary depending on program.

SPEECH AND HEARING CENTER

East Stroudsburg University

Speech Pathology & Audiology

East Stroudsburg, PA 18301

Telephone: (570) 422-3247

Hours of Operation: M-F, 8:00AM-4:00PM

Service Area: Pennsylvania (unlimited).

Services Provided: Audiology and hearing aid evaluations; speech and language evaluations and therapy; and aural rehabilitation.

Eligibility Requirements: Anyone.

Cost of Services: No fee for senior citizens; minimal fee for evaluations; no fees for therapy.

THE ReDCo GROUP BEHAVIORAL HEALTH

564 Main Street, 2nd Floor
Stroudsburg, PA 18360
Telephone: (570) 420-8070

311-315 Broad Street
Milford, PA 18337
(570)296-1138

335 North 4th Street
Lehighton, PA 18235
Telephone: (610) 377-8525

Hours of Operation (all): Varies; call for hours.

Service Area: Carbon, Monroe and Pike Counties.

Services Provided: Adult, child, adolescent and family therapy services in outpatient, licensed setting. Psychiatric/medical nursing; adult (18+ years old) partial hospital program: 3-6 hours programming Monday through Friday.

Eligibility Requirements: Need of services offered.

Cost of Services: Dependent on services.

TRI-COUNTY HELPING HANDS

Fountain Court Mall, Suite 16
Bartonsville, PA 18321
Telephone: (570) 688-2930

Hours of Operation: M: 8:00AM-6:00PM, TUE – THU: 8:00AM-4:00PM, F: 8:00AM-2:00PM

Service Area: Carbon, Monroe and Pike Counties.

Services Provided: Supportive services to children with serious mental health issues and their families; develop a service plan to empower parents and others to more adequately care for, supervise and educate their child; and family involvement in the treatment process.

Eligibility Requirement: Children and adolescents with mental health issues; referral through Carbon-Monroe-Pike MH/MR Program.

Cost of Services: None.

WORDSWORTH AT SHAWNEE

PO Box 554
Shawnee-On-Delaware, PA 18356
Telephone: (570) 420-8601 ext. 168

Hours of Operation: 24 hours a day, 7 days a week

Service Area: Pennsylvania, New Jersey and surrounding states.

Service Provided: Residential, crisis residential treatment, outpatient services, wraparound services, assessments, special education, alternative education, and training/consultation.

Eligibility Requirement: Children and adolescents (ages 5-12) with serious social, emotional, learning and behavioral problems requiring intensive, non-hospital, inpatient treatment. Outpatient and assessment programs also serve adults.

Cost of Services: Varies by services, ability to pay and contracted rates.

MONROE COUNTY PUBLIC SCHOOL DISTRICTS

***Tobyhanna Army Depot does not have a DODDS School. The Pocono Mountain School District serves Tobyhanna Army Depot.**

**COLONIAL NORTHAMPTON INTERMEDIATE UNIT 20
SPECIAL EDUCATION SERVICE AGENCY
6 Danforth Drive
Easton, PA 18045-7899
(610) 252-5550**

**EAST STROUDSBURG AREA SCHOOL DISTRICT
North Courtland Street
East Stroudsburg, PA 18301
(570) 424-8500**

**MONROE COUNTY AREA VOCATIONAL-TECHNICAL SCHOOL
Bartonsville, PA 18322
(570) 629-2001**

**NORTH POCONO SCHOOL DISTRICT
701 Church Street
Moscow, PA 18444
(570) 842-7659**

**PLEASANT VALLEY SCHOOL DISTRICT
Route 209
Brodheads ville, PA 18322
(570) 992-7178**

**POCONO MOUNTAIN SCHOOL DISTRICT
PO Box 200
Swiftwater, PA 18370
(570) 839-7121**

**STROUDSBURG AREA SCHOOL DISTRICT
123 Linden Street
Stroudsburg, PA 18360
(570) 421-1990**

PRIVATE SCHOOLS

EVERGREEN COMMUNITY SCHOOL

PO Box 523

Mountainhome, PA 18342

(570) 595-6355

MONSIGNOR McHUGH SCHOOL

RR 1 Box 567

Cresco, PA 18326

(570) 595-7463

NOTRE DAME ELEMENTARY SCHOOL

78 Ridgeway Street

East Stroudsburg, PA 18301

(570) 421-3651

NOTRE DAME JR/SR HIGH SCHOOL

60 Spangenburg Avenue

East Stroudsburg, PA 18301

(570) 421-0466

THE GROWING CONCERN, MONTESSORI SCHOOL

PO Box 828

Tannersville, PA 18372

(570) 629-2754

**NATIONAL INFORMATION CENTER
FOR CHILDREN AND YOUTH WITH DISABILITIES**

P.O. Box 1492
Washington, DC 20013

NATIONAL TOLL-FREE NUMBERS

A

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| AIDS Factline..... | 800-662-6080 |
| Academy of Dentistry for Persons with Disabilities..... | 800-621-8099 |
| Alliance of Genetic Support Groups..... | 800-342-2348 |
| Alzheimer's Diseases & Related Disorders..... | 800-621-0379 |
| AMC Cancer Information & Counseling Line..... | 800-525-3777 |
| American Association on Mental Retardation..... | 800-424-3688 |
| American Cancer Society..... | 800-227-2345 |
| American Cleft Palate Educational Foundation..... | 800-242-5338 |
| American College of Allergy & Immunology..... | 800-842-7777 |
| American Council for the Blind..... | 800-424-8666 |
| American Diabetes Association National Service Center..... | 800-232-3472 |
| American Federation of Teachers..... | 800-238-1133 |
| American Foundation for the Blind..... | 800-232-5463 |
| American Kidney Foundation..... | 800-638-8299 |
| American Kidney Fund..... | 800-638-8299 |
| American Liver Foundation..... | 800-223-0179 |
| American Lupus Society..... | 800-331-1802 |
| American Paralysis Association..... | 800-225-0292 |
| American Speech-Language-Hearing Association.....(V/TDD) | 800-638-8255 |
| American Trauma Society..... | 800-556-7890 |
| American Tuberous Sclerosis Association..... | 800-446-1211 |
| Apple Office of Special Education (Disability Solutions)..... | 800-732-3131 |
| Association of Heart Patients Helpline..... | 800-241-6993 |
| AT&T National Special Needs Center..... | 800-233-1222 |
| | TDD 800-833-3232 |

B

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| Better Hearing Institute Hearing Helpline..... | 800-424-8576 |
| Blind Children's Center..... | 800-222-3566 |

C

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| Cancer Information Service National Line..... | 800-422-6237 |
| Captioned Films for the Deaf..... | 800-237-6213 |

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| “Careline” Information & Referral..... | 800-662-7030 |
| Center for Special Education Technology..... | 800-345-8322 |
| Children’s Defense Fund..... | 800-424-9602 |
| Children’s Hospice International..... | 800-242-4453 |
| CLEFT Palate Foundation..... | 800-242-5338 |
| Close Look LD Teen Line..... | 800-522-3458 |
| Cornelia De Lange Syndrome Foundation..... | 800-223-8355 |
| Cystic Fibrosis Foundation..... | 800-344-4823 |
| Cystic Fibrosis Research Hotline..... | 800-824-5064 |

D

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| D.T. Watson Rehabilitation Hospital..... | 800-223-8806 |
| Drug Abuse Hotline..... | 800-544-5437 |

E

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| Educators Publishing Service, Inc., for Specific Learning Disability..... | 800-225-5750 |
| Epilepsy Foundation of America..... | 800-332-1000 |
| Epilepsy Information Line..... | 800-426-0660 |
| ERIC Clearinghouse on Adult Career and Vocational ED..... | 800-848-4815 |

F

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| Federation of Families for Children’s Mental Health..... | 800-969-6642 |
| Federal Hill-Burton Free Care Program..... | 800-492-0359 |
| Financial Aid for Education Available from the Federal Government..... | 800-638-6833 |

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| Handicapped Media, Inc..... | 800-321-8708 |
| Hansen Disease (Leprosy)..... | 800-543-3131 |
| Health Care Financing Administration..... | 800-492-6603 |
| Hearing Aid Helpline..... | 800-521-5247 |
| Higher Education and the Handicapped (HEATH)..... | 800-544-3284 |
| Human Growth Foundation for Growth Disorders..... | 800-451-6434 |

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| IBM National Support Center for Persons with Disabilities..... | 800-426-2133 |
| Information Center for Special Education Media and Materials..... | 800-772-7372 |

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| International Craniofacial Foundation..... | 800-535-3643 |
| International Shriners Headquarters..... | 800-237-5055 |

J

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| Job Accommodation Network (JAN)..... | 800-526-7234 |
| Job Opportunities for the Blind (JOB)..... | 800-638-7518 |
| John Tracey Clinic on Deafness.....(V/TDD) | 800-522-4582 |
| Juvenile Diabetes Foundation International..... | 800-223-1138 |

L

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| Let's Play to Grow..... | 800-224-7529 |
| Little People America..... | 800-243-9273 |
| Living Bank-Organ Donors..... | 800-528-2971 |
| Lung Line (Lung Disorders, Allergies)..... | 800-222-5864 |
| Lupus Foundation of American..... | 800-558-0121 |

M

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| Mainstream Information Center..... | 800-223-2711 |
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| National Adolescent Suicide Hotline..... | 800-621-4000 |
| National Adoption Center..... | 800-862-3678 |
| National Association for Hearing & Speech Action..... | 800-638-8255 |
| National Association for Parents of the Visually Impaired..... | 800-561-6265 |
| National Association for Retarded Citizens of the U.S. | 800-433-5255 |
| National Association for Sickle Cell Disease, Inc. | 800-421-8453 |
| National Association of Social Workers..... | 800-638-8799 |
| National Cancer Institute Information Service..... | 800-422-6237 |
| National Captioning Institute..... | 800-321-8337 |
| National Center for Missing & Exploited Children..... | 800-843-5678 |
| National Center for Stuttering..... | 800-221-2483 |
| National Center for the Prevention of Sudden Infant Death Syndrome..... | 800-638-7437 |
| National Center for Youth with Disabilities..... | 800-333-6293 |
| National Clearinghouse for Alcohol & Drug Information..... | 800-662-4357 |
| National Committee for Citizens in Education..... | 800-638-9675 |
| National Crisis Center for the Deaf..... | 800-446-9876 |
| National Cystic Fibrosis Foundation..... | 800-344-4823 |
| National Downs Syndrome Congress..... | 800-232-6372 |

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| National Downs Syndrome Society..... | 800-221-4602 |
| National Easter Seal Society..... | 800-221-6827 |
| National Eye Care Project Hotline..... | 800-222-3937 |
| National Foundation of Dentistry for the Handicapped..... | 800-873-3335 |
| National Fragile X Foundation..... | 800-688-8765 |
| National Head Injury Foundation (Patients & Family Only)..... | 800-444-6443 |
| National Health Information Center (NHIC)..... | 800-336-4797 |
| National Hearing Aid Society..... | 800-521-5247 |
| National Information Center for Children and Youth with Disabilities..... | 800-999-5599 |
| National Information Center for Educational Media..... | 800-421-8711 |
| National Information Systems for Health Related Services..... | 800-922-9234 |
| National Information Center for Orphan Drugs & Rare Diseases..... | 800-336-4797 |
| National Information Center on Deaf/Blindness (V/TDD x289)..... | 800-672-6720 |
| National Jewish Center for Immunology & Respiratory Medicine..... | 800-222-5864 |
| National Kidney Foundation, Inc. | 800-622-9010 |
| National Library Services for the Blind & Physically Handicapped..... | 800-424-8567 |
| National Multiple Sclerosis Society..... | 800-822-3379 |
| National Organization on Disability..... | 800-248-2253 |
| National Organization for Rare Disorders (NORD)..... | 800-477-6673 |
| National Parkinson Foundation..... | 800-327-4545 |
| National Rehabilitation Information Center..... | 800-346-2742 |
| National Retinitis Pigmentosa Foundation..... | 800-638-2300 |
| National Reye's Syndrome Foundation..... | 800-233-7393 |
| National Runaway Switchboard..... | 800-621-4000 |
| National Secondary Surgical Opinion Program..... | 800-638-6833 |
| National Spinal Cord Injury Association..... | 800-962-9629 |
| National Spinal Cord Injury Hotline..... | 800-526-3456 |
| National Society to Prevent Blindness..... | 800-331-2020 |
| National Sudden Infant Death Syndrome Foundation..... | 800-221-7437 |
| National Tuberous Sclerosis Association, Inc. | 800-225-6872 |

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| Occupational Hearing Services (O.H.S.)..... | 800-222-3277 |
| Office of Health Promotion & Disease Prevention Health Information Center..... | 800-336-4797 |
| Office of Minority Health Resource Center..... | 800-444-6472 |
| Orton Dyslexia Society..... | 800-222-3123 |

P

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| Parents Anonymous Hotline..... | 800-421-0353 |
| Parents Resource Institute for Drug Education (PRIDE)..... | 800-221-9746 |
| Parkinson's Education Program..... | 800-344-7877 |

Practitioners Reporting System for Medical Services..... 800-638-6725

R

RP Foundation Fighting Blindness..... 800-638-2300

Runaway Hotline..... 800-231-6946

S

Simmon's Foundation for Continence..... 800-237-4666

Social Security Administration..... 800-234-5772

Special Education Software Center..... 800-327-5892

Spina Bifida Hotline..... 800-621-3141

Sturge-Weber Foundation..... 800-627-5482

Stuttering Foundation of America..... 800-992-9392

Sudden Infant Death Syndrome Alliance..... 800-638-7437

T

Tele-Consumer Hotline..... 800-332-1124

Terri Gotthelf Lupus Research Institute..... 800-825-8787

Tourette Syndrome Association..... 800-237-0717

Tripod-Grapevine Service for Hearing Impaired.....(V/TDD) 800-352-8888

U

United Cerebral Palsy Association, Inc. (UCPA)..... 800-872-1827

U.S. Government TDD Directory..... 800-877-8339

Appendix A

SAMPLE LETTER REQUESTING AN EVALUATION

Your Address
Your Phone Number
Date

Principal
Your Child's School
Address

Dear _____:

I am the parent of _____, whose date of birth is _____.

My child has not been doing well in school and I am therefore requesting that a complete Multi-disciplinary Evaluation be done to determine what the problems are, how they can be addressed, and whether my child requires special education services.

Please let me know when the Evaluation Team will meet so that I may attend. I hereby give my consent for the evaluation to take place. I understand that under the law, the evaluation must be completed within 45 school days of this request.

Should you have any questions or problems with this request, please contact me.

Thank you.

Sincerely,

Your Name

cc: District Superintendent
Director of Special Services OR
Director of Special Education

Appendix B

SAMPLE LETTER REQUESTING A DUE PROCESS HEARING

Your Name
Your Phone Number
Date

Principal
Your Child's School
Address

Dear _____:

I am the parent of _____, whose date of birth is _____.
My child is a student in the _____ grade.

I hereby request a formal Due Process Hearing concerning my child's special
education program and placement. In particular, my area(s) of concern are

_____.
I believe that for my child to receive an appropriate program and placement, the
following changes are needed:

_____.
I am requesting that the Hearing be Open/Closed and held during the
Day/Evening.

[I would appreciate receiving copies of all my child's records prior to the hearing
and as soon as possible.]

Thank you.

Sincerely,

Your Name

cc: District Superintendent

